



Parental Involvement

Unlike other sports which your child may participate in, swimming requires a heavy ratio of helpers to swimmers – from coaching the children to being a timekeeper at galas. If the club is to continue to grow and provide the level of coaching and competition for our swimmers we need the continued involvement of new parents. To keep the fees at a minimum the club relies heavily on volunteers and the club **ASKS FOR AT LEAST ONE PARENT HELPER per new swimmer**. There are several areas within the club in which a parent can help out, namely:

- Coach/poolside helper – no prior knowledge is required as you can start with C Squad and shadow the existing coach, this can also be supplemented by attending a Basic Assistant Teachers Course.
- Attending a short Timekeepers Course and becoming an approved Timekeeper
- Committee member/fund raising
- Swim Shop

PARENTAL INVOLVEMENT IN HIGHLAND SWIM TEAM

Please indicate which area you would be willing to help within the Club.

Assistance Required in the Following Areas	Parent Signature
Coach/Poolside Helper	
Timekeeper / Official	
Committee Member	
Fundraising	
Swim Shop	
Child Protection Officer	
Meet Secretary	
New Year & Summer Meet Organiser	
Training Weekend Helper	
Other	

Name of Swimmer:

Parent Name:
